



Summer 2023 Newsletter



It's hard to believe it's March already!

As a community we have finally been able to enjoy some warm weather, and all the outdoors activities that summer brings.

Our participants have been up to some exciting things, and have been enjoying a variety of activities out in the sunshine. Some fabulous photos have been included within these pages.

As we welcome the Autumn, rest assured that the fun isn't over yet.

There are some excellent local events happening, like the Thorpdale Spud Festival and an Art Exhibition that our Wonthaggi Social Support Group will be participating in.

So if you're a gardener, painter, swimmer, barbecuer or board-short wearer, we hope you enjoy these last glorious days of summer.



Jenelle Henry
Chief Executive
Officer

Art Exhibition



Our wonderful Wonthaggi group are participating in an Art Exhibition, and will be displaying their creations at the Wonthaggi Library.

The Exhibition kicks off on 31st March, and will be a free event.

We hope to see you there!

More info on page 3

What is inside...



Local events - page 2



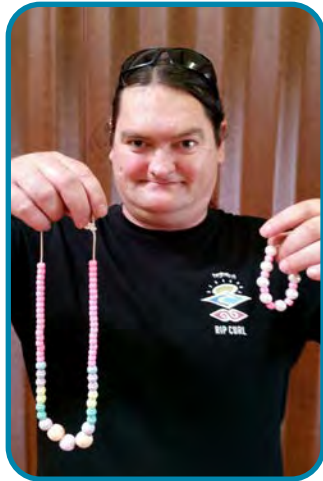
Summer activities
- page 12



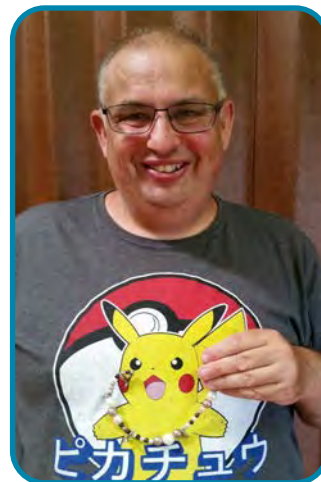
Vintage Cars Day at
Morwell - page 6



Social support groups



Our Wonthaggi group getting creative with some jewellery-making!



Pat, Sarah & Paul rockin' out at ACDC!



Janet & Barbara went to see Guy Sebastian!
Go the 'Fro!



Morwell Group

A few weeks ago, our Morwell group were visited by the lovely gents from the Qu Bah OFHR! Everyone was so excited to see the beautiful vintage cars. There were Fords, Jaguars, Holdens, a Chevrolet and more! We were so happy to have them stop by and see us.

Spud said it was "AWESOME!"



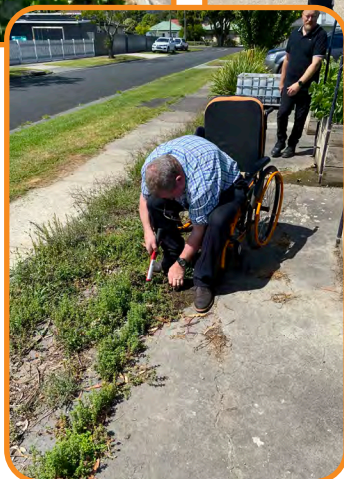
Trafalgar Group

Australia Day Celebrations



The Trafalgar group have been enjoying the summer sunshine, just like the plants they planted, tended and are now enjoying for lunch! They celebrated Australia Day with snags, Jenga and thong-tossing!

January in the garden...



Welcome to the group, Carl! We are so happy to have you join us



Wonthaggi Group

The adventurous travellers in the Wonthaggi group have been seeing some amazing places lately! They have ventured to Leongatha, Inverloch, Corinella and much more. They recently went on a Wildlife Cruise from San Remo to Cape Woolamai. The group saw seabirds, different rock formations, a bat cave and a solitary seal. Pat and Sandra had walk along the wharf, a coffee and a browse through the shops.

- > Peter loved the trip
- > John gave it a big yes
- > Paul thought it was great
- > Carren thought it was very good
- > Nicole found it relaxing
- > Luke said it was very pleasant
- > Sandra thought the day was fantastic



Warragul Group

Christmas Donation

We are SO proud of our Warragul Group. Last Christmas (2022), they worked hard to create beautiful festive ornaments. They sold the ornaments at the Headway Christmas Party, and donated the proceeds to the Baw Baw Food Relief, to help families.

What a great cause!



Ian Robertson's Adventures

Mr Ian Robertson featured in our last newsletter.

He sure has been busy! He sent us an update on all of the adventures he's been having recently.

An avid motoring enthusiast, Ian has been whizzing around the track in racing cars.

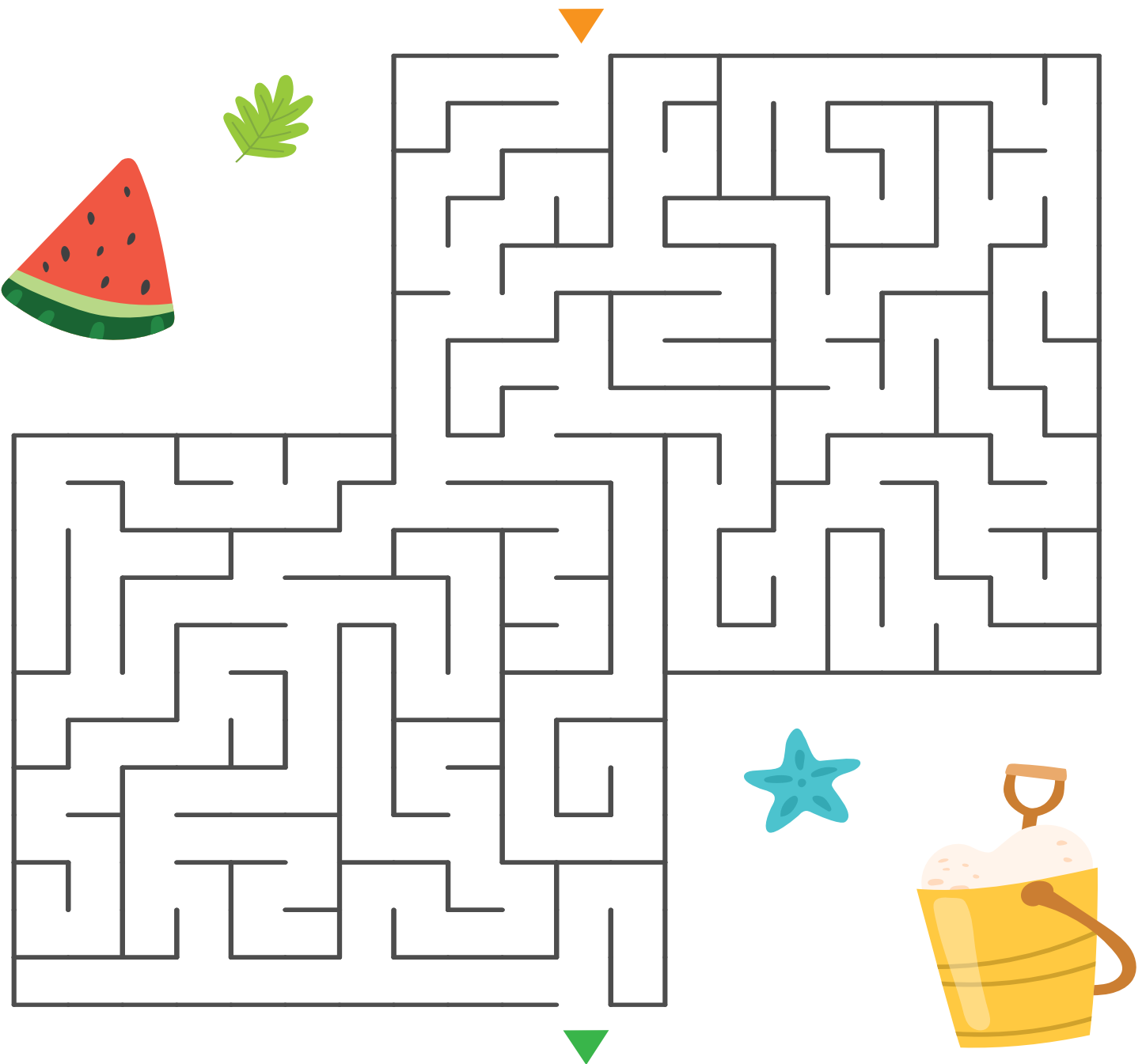
We couldn't be happier for him! Go get 'em, Ian!

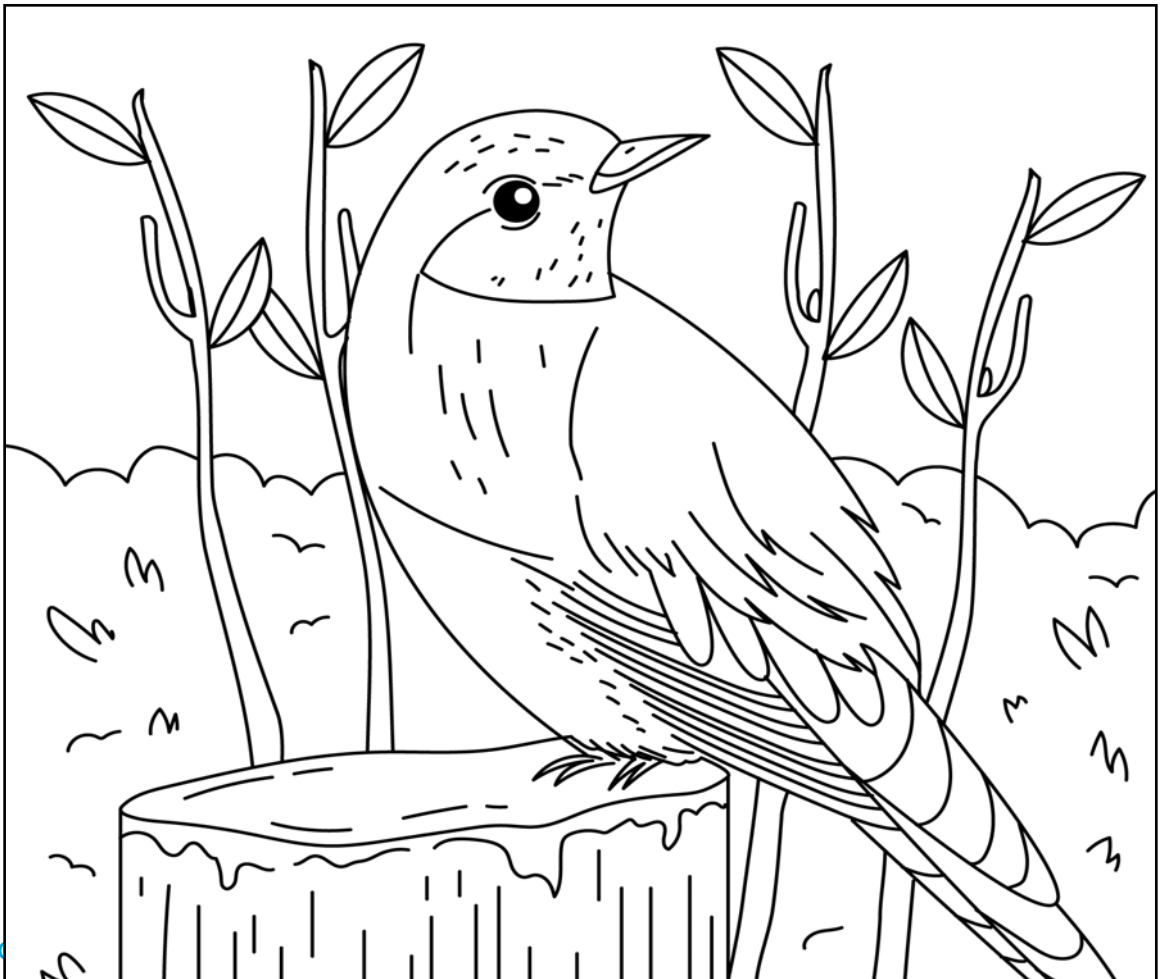
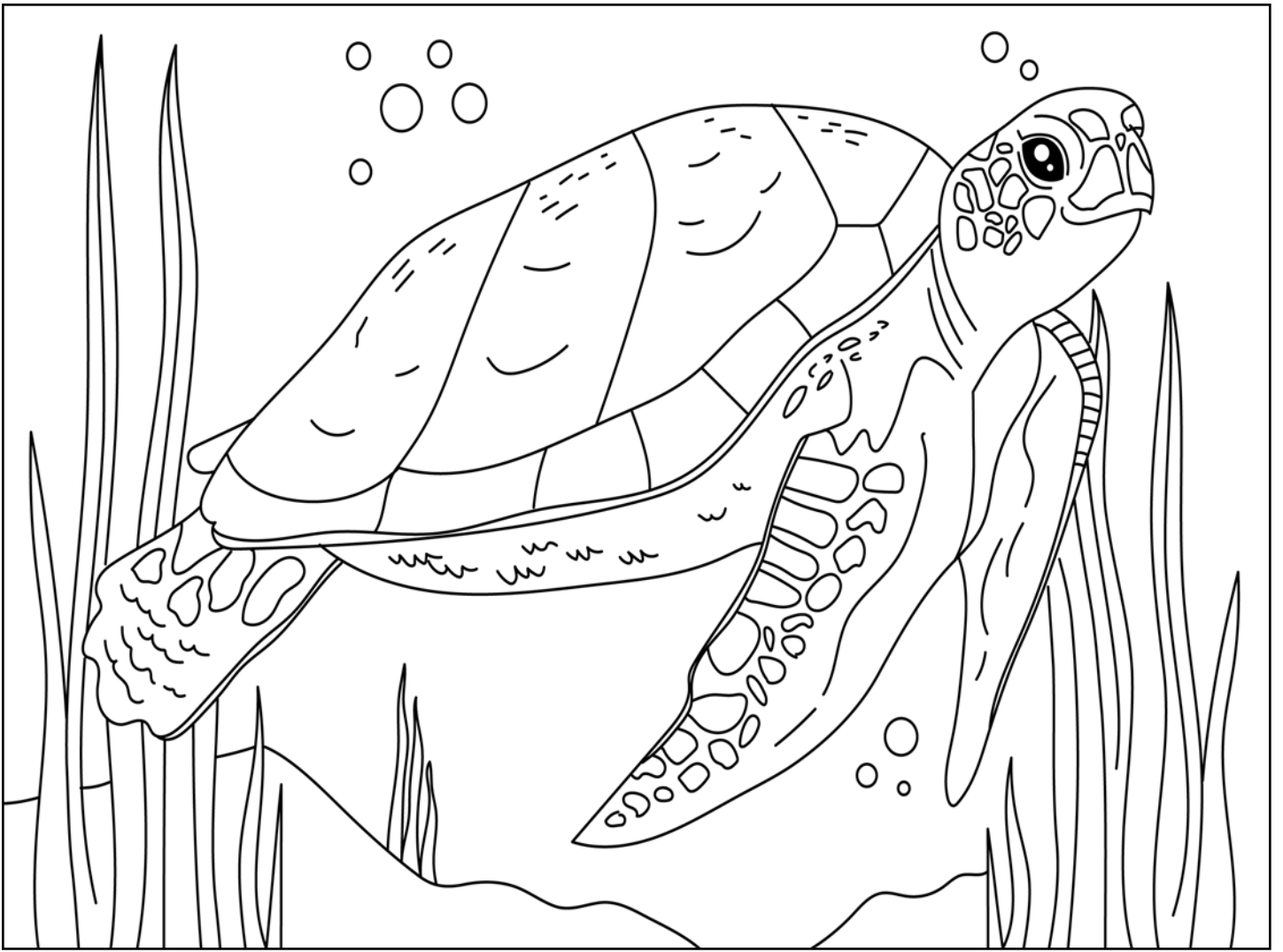


Puzzles

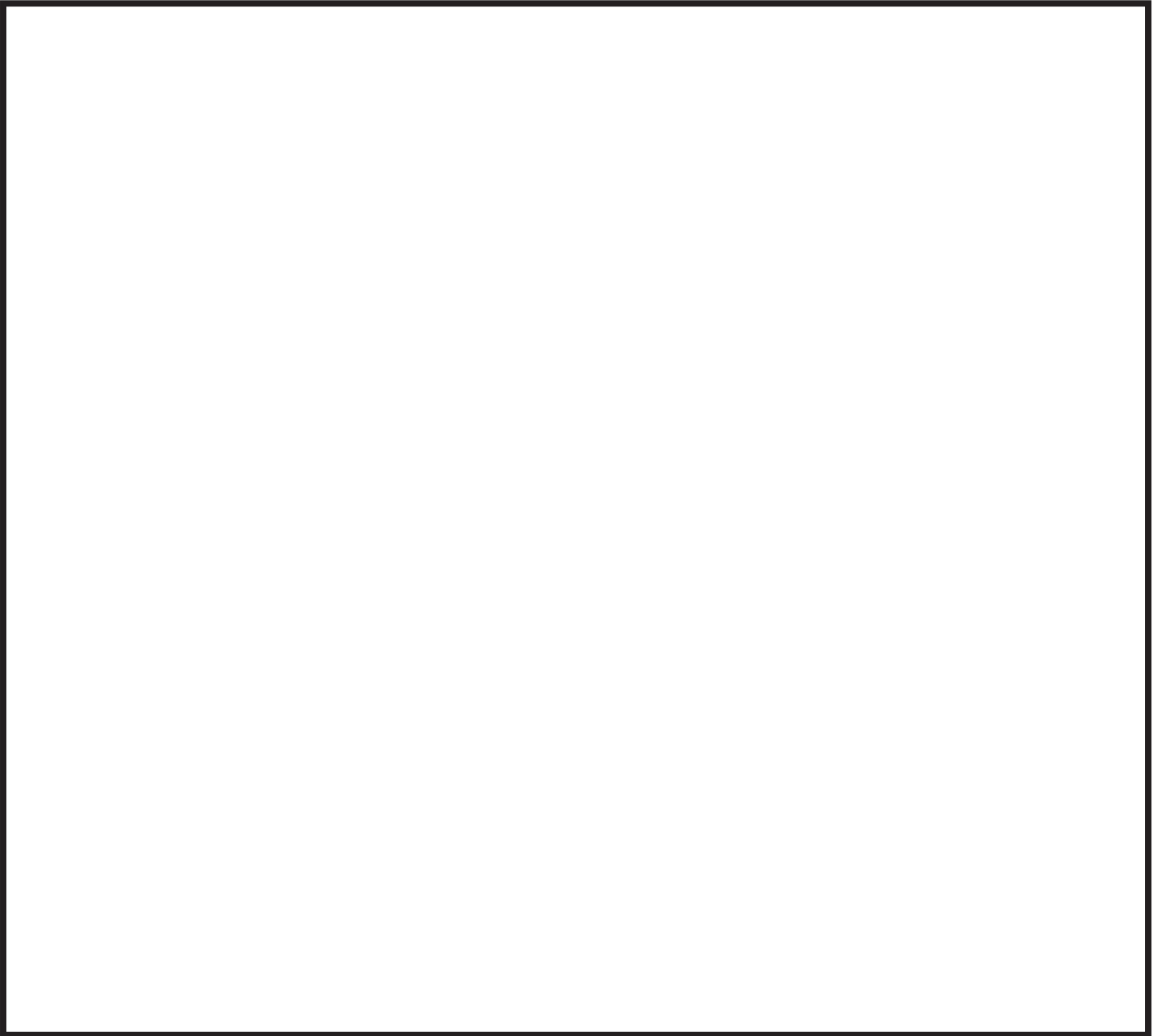
Summer Maze

Find your way through the maze





Draw your own picture below, and then
colour it in!



If you would like your picture to be featured in our Headway Colouring-in
Book, mail your picture to

PO Box 49

Morwell VIC 3840

Or scan and email to

r.harasymenko@headwaygippsland.org.au

Find as many words as you can

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BUTTERFLY
SHELL
WATERMELON
PICNIC
LEMONADE
SURF
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FLOWER
BEACH
SWIM
CAMPING
SUNGLASSES
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