

**Emergency on call**
phone 0448 472 007

Spring 2023 Newsletter

This newsletter is a celebration of all things spring from the past three months.

Within these pages are a number of events and activities to join in over the upcoming December-Christmas period.

One such occasion is International Day of People with Disability, on December 3rd. Please join us in raising awareness, educating and inspiring others on our strong and capable community. This is such an important day, celebrated by people across the globe, and we hope that you are just as excited as we are.

Headway Gippsland has had a great year,

and continues to go from strength to strength while remaining devoted to the people we support.

From the team at Headway Gippsland, we wish you a lovely festive season and thank you for choosing us as your provider. We can't wait to see what 2024 brings.



Jenelle Henry
Chief Executive
Officer

Thank you to Maree Hall, for your generous donation. It is greatly appreciated and will directly benefit those whom we support. Thank you for joining us in our mission.

What is inside...



Hidden Disabilities
Morning Tea - page 4



International Day of
People with Disability -
page 14



CHRISTMAS CLOSURES

We will close for Christmas 4pm

22 Dec

We will open again 9am

2 Jan



Local news



International Day of People with Disability

Sunday 3rd December

There are so many events happening to celebrate this wonderful day and raise awareness.

<https://www.idpwd.com.au/about/>

See the opposite page for details



Hidden Disabilities Morning Teas

Come along and enjoy a morning tea to celebrate IDPwD

> Churchill Library

> Moe Library

> Morwell Library

> Traralgon Library

10am to 11:30am. Free sunflower merch available



Gippsland Pride Initiative

Gippsland Pride Initiative is hosting 6 events as part of the Gippsland Pride Festival 2023.

Saturday 16th December at 4pm is the Annual Rainbow Families Christmas Event!



Leongatha Community Carols

From 5:30 pm – get in early to get your spot.

> Santa

> Live music and food trucks

> Fireworks show and local talent

Pull out your picnic rug, chairs and spend the night with family and friends.



Hidden Disabilities Sunflower

Making the invisible, **visible**

Sunflower Morning Teas at Latrobe City Libraries

Come along and enjoy morning tea at our Libraries to
celebrate International Day of people with Disability.

Learn about the Hidden Disability Sunflower Initiative, access free
Hidden Disability Sunflower merchandise and make a flower bookmark.

Bookings not required.

Morning Tea dates:

Churchill Library
Monday 4 December
10am - 11.30am

Morwell Library
Thursday 7 December
10am - 11.30am

Moe Library
Wednesday 6 December
10am - 11.30am

Traralgon Library
Friday 8 December
10am - 11.30am

For further information contact Hayley Hall Community Engagement Officer
by phoning 0437 964 543 or email Hayley.Hall@latrobe.vic.gov.au



For more details scan
the QR code or visit
the Hidden Disability
Sunflower Website.
hdsunflower.com/au



Please note: this is an
advertisement

HIDDEN
disabilities 



Win a special Christmas Hamper this year



Headway Gippsland is putting together a Christmas Hamper of goodies this December, in partnership with local businesses.

One lucky member of our community will win!

To go into the draw, you must:

- ✓ Follow Headway Gippsland on Facebook & Instagram
- ✓ Look for our post in December!

Please share this with business owners that you know, for them to get involved!



Rotary
Hazelwood &
Morwell



**PLEASE
JOIN US**

**HAZELWOOD & MORWELL ROTARY
INVITE YOU TO PARTICIPATE IN A
CHRISTMAS FAMILY FUN DAY**

2023



Christmas Family Fun Day
Morwell Recreation Reserve
Travers Street, Morwell

Food Vans

Market Stalls

Local Service Providers

Kids Activities

**Visit from Santa
& the Grinch**

Sunday

December 10th

10:30am – 3pm



For further
information
please email

e: MFFDMorwell@gmail.com

Free Admission

Proudly supported by:



Please note: this is an
advertisement



Social support groups



Enjoying brunch at a local cafe

Homeroom games



Cooking together



Lots of crafting



Darren with his new 'do



Grand Final Celebrations

Building bird boxes



A fun game of 'bogan bingo'



Morwell Group



The Morwell group have been having lots of fun, both indoors and outdoors! In September, the group had a Horse Racing Games day and High Tea, which was so much fun.

Lately, the group have been enjoying the glorious sunshine with outdoor activities, BBQs, giant jenga, bocce and much more!



Trafalgar Group



The Trafalgar group have been keepin' it real in Spring.

They have been building bird boxes for native wildlife, planting lots of veggies in their garden, and playing games in their homerooms.

We can't wait to see them grow!

Warragul Group



The Warragul group had lots of fun in September. They played bogan bingo while dressed in their finery! Darren was even sporting a fantastic mullet for the occasion.

They also had 'Spaghetti Western Day', watching western films and eating Spaghetti Bolognese. Yum!



Wonthaggi Group

The Wonthaggi group have been doing a fun mix of eclectic activities! They have make chocolates, played indoor games, visited galleries and camera clubs, enjoyed exotic lunches and even had a cuppa with a cop!

They were able to ask lots of questions and learn alot from the friendly police.



Michael's Victory

Michael Cummins is a very resilient person. After experiencing mobility issues and epilepsy his entire life, he has never let his health defeat him. Michael has been in and out of hospital, dealing with things that no one should have to endure.

And yet, Michael is proud to have started a new life chapter.

This year, they made the choice to move Michael from aged care, to Supported Disability Accommodation (SDA) in Sale. After 16 years, and as someone who requires complex care, this was not an easy choice to make.

To Gail and Michael, it was so important to have a great support coordinator, which is



what they found in Headway's own, Nicky Levey. By Gail, Nicky and OT Mal joining forces, Michael was able to move to his new home in Sale, where he is supported by a wonderful team of carers.

"He is surrounded by happy caring staff and the delicious aroma of dinner cooking; he just loves the curry they make here. His personal care is wonderful, his room always tidy. This is his home."

"You hear a lot of negatives. It's good to get a positive from the NDIS. It's good to promote the positives, and this has just been wonderful. We're very lucky, we're very grateful."



Staff News at Headway

Celebrating Dianne Mumford

It's not often that you find an employee who has worked for one organisation for a long time. Well, that is not the case for Dianne Mumford. Dianne came to work for Headway 27 years ago, and to think that Headway is 42 years old.

Dianne had performed so many roles with the organisation over her many years of service: Board secretary, administration, payroll, recruitment, Participant liaison and so on. Dianne knew the organisation inside and out and was an integral part of our operations. If you didn't know something, you could always ask Di. After taking long service leave this year, Di is now looking forward to her well-deserved retirement.

Headway is truly grateful to Dianne and wishes to acknowledge the contributions she has made to the organisation over her many years of service. Dianne has a special place in the history of Headway and we wish Dianne an enjoyable retirement as this is so well deserved.

Thank you, Dianne, from all the past and present Staff, past and present Board members, and past and present participants and their families.



Jenelle Henry, CEO

New LSOs

Welcome to the following new Life Skills Officers:

- Obim Iwebuke
- Lauren Mallett

WELCOME



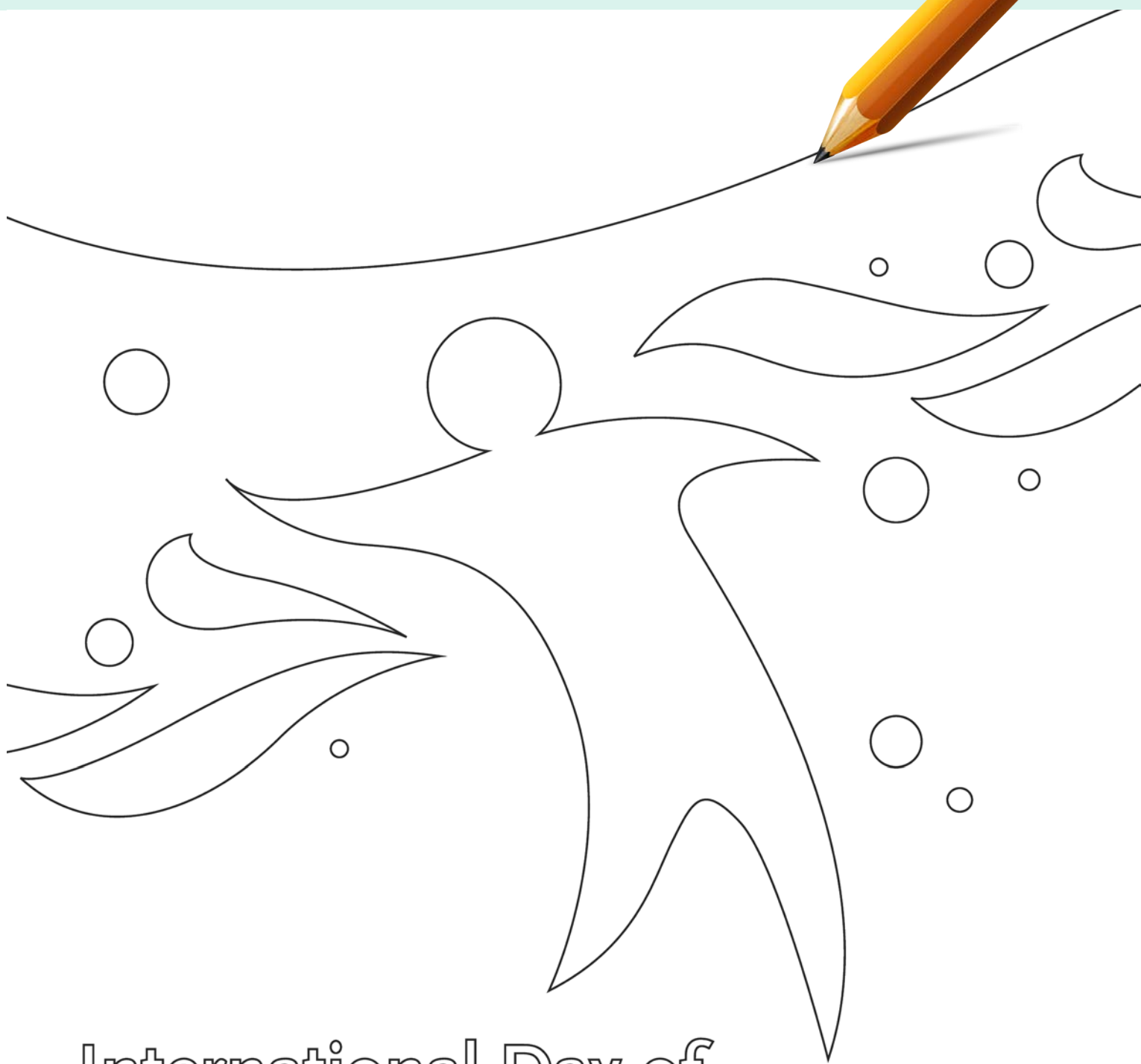
Puzzles



FIND THE RIGHT SHADOW



Colouring in



International Day of
People with Disability

Support for you

The arrival of Christmas and the holiday season can be stressful. We can't ignore the rising prices of everything, from groceries, housing, healthcare and other things in every day life.

We are all feeling this stress, and have had to make sacrifices in various ways. We want to share information about where to get support during this time. Community is so important to us at Headway Gippsland, and we believe that by coming together, we will make it through the hard times.

You may be eligible for concessions and benefits.



Families,
Fairness
and Housing

<https://services.dffh.vic.gov.au/concessions-and-benefits>



www.vinnies.org.au/vic/advocacy/our-good-works/cost-of-living



<https://www.salvationarmy.org.au/need-help/financial-assistance/>

Check
your
local
food
bank

If undelivered, please return to:

PO Box 49,

Morwell VIC 3840

PRINT POST

APPROVED

No. 100002355

Contact us

Headway Gippsland
219 Princes Drive,
Morwell

Postal Address
PO Box 49
Morwell VIC 3840

Phone
5127 7166

headwaygippsland.org.au

Newsletter contact - Rhiannon
r.harasymenko@headwaygippsland.org.au



CHRISTMAS CLOSURES!

We will close for Christmas 4pm

22 Dec

We will open again 9am

2 Jan

HEADWAY
GIPPSLAND INC.

The graphic features a blue background with a white cloud-like shape. At the top right is a Santa hat icon. Below the title 'CHRISTMAS CLOSURES!' are two rows of information. The first row states 'We will close for Christmas 4pm' next to a calendar icon showing '22 Dec' and a house icon with a red 'X' over it. The second row states 'We will open again 9am' next to a calendar icon showing '2 Jan' and a house icon with a green checkmark. At the bottom is the Headway Gippsland Inc. logo.



We pay our respects to the traditional custodians, their elders and ancestors of the lands, which our organisation sits. We acknowledge all Aboriginal and Torres Strait Islander people, and welcome you to our service. Headway Gippsland is committed to treating all people with dignity and respect.