



Annual General Meeting

An invitation is extended to all members, service providers and the general community to attend our Annual General Meeting on Monday 23rd October 2017. The meeting is being held at the Trafalgar Community Centre, 105 Princes Highway Trafalgar at 1pm.

Parking is available at the rear of the building.

Please RSVP your attendance by the 16th October by phone on Freecall 1800452452 or email d.mumford@headwaygippsland.org.au and advise if you have any dietary requirements.

EXPRESSION OF INTEREST FUNDRAISING COMMITTEE

Headway Gippsland is seeking to establish a fundraising committee as the importance of a structured fundraising program will increase significantly when each person transitions to the NDIS. With the purchase of the new bus during the year from donated monies, we will need to fundraise to cover yearly operating costs. All Government Funds for equipment and building repairs ceased at the 30th June 2017. If you would like to be a part of this committee please do not hesitate to contact our office on Freecall 1800452452 to obtain a copy of the terms of reference. We would appreciate any assistance that you can provide.

Carer's Friendship Group

At our September get together, carers are still pre-occupied by the introduction of the NDIS

National Carers week 15th-21st October will see Maffra Carers gather for lunch on Monday 16th October at a venue to be decided.

South Gippsland Carers will lunch at a restaurant/café in Inverloch on Thursday 19th October and Trafalgar & district carers will picnic in Civic Park Warragul (weather permitting) and then visit the Nickelby Alpaca Farm on Wednesday 18th October.

For further details please ring Thelma on 0439 342427 or Joan on 51223276.

Carers Week 15-21 October

The celebration of carers week this year is from the 15th to the 21st October and we would like to celebrate and thank our carers who WORK so hard year after year advocating and facilitating for their loved ones.

I think that many in the wider community have no idea of the WORK that is undertaken by carers and of the enormous saving to the government that carers make.

Having been a carer for more than 40 years, I fully understand the endless amount of work undertaken each and every day by us all.

Thankyou, thankyou, thankyou to all our Carers

Maxine Davies

Chairperson - Board of Directors.

Gippsland Carers AGM & Forum 18th October

The Gippsland Carers Association is having their Annual Meeting and Carers Week Forum on Wednesday 18th October at 9.30am registration for AGM at 10.00am and forum will start at 10.30am and finish at 2.15pm. The event is being held at Kernot Hall Morwell.

Forum entry is \$5.00, morning tea and light lunch served

Bookings essential for catering purposes, please RSVP by Wed 11th October on 51333343.

A light lunch will be served in the foyer on arrival.

To book a place phone Joanne Bedford, Rural Access Officer on 51285775

email joanne.bedford@latrobe.vic.gov.au

Please advise any special requirements including; dietary, Auslan interpreting, hearing augmentation or information in alternative formats.

Staff Survey Results

If any staff member is interested in the outcome or direction of Headway Gippsland from the results of the staff survey, please contact the office to receive a copy or email d.mumford@headwaygippsland.org.au

OH&S Representative

All staff members need to be aware that the OH&S representative across all of our programs is Nuray Ardolli and can be contacted at the office on Tuesday, Wednesday and Thursday each week.



Headway Gippsland Inc, acknowledges the traditional custodians of the land, the Gunai Kurnai people and pay our respects to their Elders past and present.

Strategic Plan

The organisation's strategic plan will be reviewed in the coming months ahead. If you would like to contribute to the new plan we would welcome any input, thoughts or ideas on our services.

If you would like a copy of the current strategic plan please call our office on 51277166 or visit the home page on our website at www.headwaygippsland.org.au



The roll out of the National Disability Insurance Scheme is happening in the Gippsland area from the 1st October.

The National Disability Insurance agency will be sending you a letter asking you to contact them to ensure your details are correct. These details include your pension number, medicare card, date of birth, your current address and phone number, your doctors name and your needs as well as a few questions regarding transport and your disability. All these questions will assist the Local Planner from Latrobe Community Health to develop your support plan in consultation with you when you meet with them.

You may also request to have a support person with you when attending a planning meeting.

Headway Gippsland is able to assist you in this area if you would like.

UNDERSTANDING NDIS FUNDING WORKSHOP - MOE

This workshop is aimed at assisting people with disability and their families to make informed choices about how they set up and use their NDIS funding package.


The workshop is on Friday 13th October at the Moe Town Hall, Albert Street Moe from 12 noon to 2.30pm

Trafalgar Social Support Program - Monday - 10:30am – 3pm

Location: Trafalgar Community Centre, Princes Hwy. Parking at rear.

Coordinator: Nuray Ardolli

Mobile Number: 0448 567 693

Date	Activity		Program Fee
2 nd October	World Animal Day / Mystery bus trip		\$14 .00 Bring own picnic lunch
9th October	Activities, lunch at the bakery and op shopping in Trafalgar		\$7.00 program fee, Plus money for shopping and lunch
16th October	Carers week, world food day, bring a plate to share		\$7.00 Program fee
23 rd October	Centre activities and Annual Meeting		Memberships due \$10.00
30 th October	Melbourne Cup Fever, tipping and activities		\$14.00 includes lunch

Wonthaggi Social Support Program - Monday - 10:00am – 2pm

Location: Wonthaggi Tennis Club Rooms, Wentworth Street, Wonthaggi

Coordinator: Lyndon Bate

Mobile Number: 0409 421 774





Date	Activity		Program Fee
2 nd Oct	Cooking & games		\$7.00, bring your own lunch
9th Oct	Picnic or BBQ in Inverloch		\$7.00 program fee bring or buy lunch
16 th Oct	Painting		\$7 and bring or buy lunch
23 rd Oct	Annual Meeting Traf leaving at 10.30am		Memberships due \$10.00
30 th Oct	Music Day - Rock		\$7 plus lunch

Latrobe Valley - Wednesday - 11am – 3pm

Location: Senior Citizen Club, Maryvale Cres – Morwell

Coordinator: Glenn Kimm

Mobile Number: 0428 177 466





Date	Activity		Program Fee
4th October	Croquet/ lunch at Top Pub Morwell. Meet at Croquet		\$19.00 program fee And lunch
11th October	Craft / Games/ Gardening		\$7.00 program fee bring or buy lunch
18 th October Monday 23 rd Oct	Bus Trip to Caribbean Gardens Annual meeting Trafalgar 1pm.	 Guest Speaker	\$7.00 program fee bring or buy lunch Afternoon Tea provided
25th October	Exercises / crafts		\$7.00 program fee bring or buy lunch

Warragul Westerners Social Support Program - Friday - 10:00am – 2pm

Location: Senior Citizens Building, Masons Street, Warragul

Coordinator: Michelle Meggetto

Mobile Number: 0408 331 869





Date	Activity		Program Fee
6 th Oct	Guest Speaker- Toastmasters		\$7 program fee
Thursday 12 th Oct	Meet at Greyhound Racing Logan Park Wgul		\$7 program fee lunch provided
20 Oct Monday 23 rd Oct	Ten Pin Bowling and lunch at the Tavern Annual Meeting Trafalgar		\$10.00 bowling \$10.00 lunch Afternoon Tea Provided
27 th Oct	Permaculture, UFO's (Unfinished objects)		\$7.00 program fee, bring or buy lunch

East Gippsland Social Support Program - Friday - 10:00am – 2pm

Location: Venue is either Kooralbyn Lodge, 8 Rupert St Bairnsdale or Thursdays at Bairnsdale Health Service, Ross Street Bairnsdale.

Coordinator: Tanya Garland

Mobile Number: 0419 871 640

Date	Activity		Program Fee
Thursday 5 th Oct	Bairnsdale Community Garden at BRHS		\$7 Program fee, \$6 lunch
Thursday 12 th Oct	BBQ at Lakes Entrance Meet at Kooralbyn 10am		\$7 program fee
Thursday 19 th Oct	Games and garden beds BRHS		\$7 program fee
Thursday 26 th October	Visit to Eagle Manor, games and activities		\$7 and bring a picnic lunch

QUIZ

1. Which among these is not among the Australia big icons
The big cheese, The Big Buffalo, or the Big Kangaroo. Choose 1
2. Among well known Australian fauna are the monotremes, mainly and.....
a) Platypus and Koala b) Echidna and wombat c) platypus and echidna d) echidna and koala
3. By 2010 the most medals Australia has ever won at a single Olympic Games was
a) 58 b) 121 c) 98 or d) 46
4. The general term for native Australian flora and fauna used as a source of food is.....
(b... t.....)
5. Australia has the greatest number of types ofof any country, with 755 species of;
a) reptiles b) mammals c) amphibians or d) birds.

Answers 1. The Big Kangaroo 2. A 3. A 4. Bush tucker 5. A